

August Training Schedule- Tentative

Training schedule dates, time, and locations are subject to change

Day	Month/Date	Time	Location
Monday <i>First Practice</i>	7/31	5:00-7:00 pm	CCHS
Tuesday	8/1	6:00-7:30 pm	CCHS
Wednesday	8/2	6:00-7:30 pm	Third Battlefield Trail Millbrook H.S
Thursday	8/3	6:00-7:30 pm	CCHS
Friday	8/4	6:00-7:30 pm	CCHS
Saturday	8/5	8:00-10:00 am	Cool Spring Battlefield
Monday	8/7	6:00-7:30 pm	CCHS
Tuesday	8/8	6:00-7:30 pm	Third Battlefield Trail
Wednesday	8/9	6:00-7:30 pm	CCHS
Thursday	8/10	6:00-7:30 pm	CCHS
Friday	8/11	6:00-7:30 pm	CCHS
Saturday <i>Parent/ Coach Mtg</i>	8/12	8:00-10:00 am	Cool Spring Battlefield
Monday	8/14	5:00-6:30 pm	TBD
Tuesday	8/15	5:00-6:30 pm	Third Battlefield Trail
Wednesday	8/16	5:00-6:30 pm	CCHS
Thursday	8/17	5:00-6:30 pm	CCHS
Friday <i>Pool Party!</i>	8/18	4:30-6:00 pm 6:00- 8:30 PM	CCHS- TRACK Clarke Co Pool
Saturday	8/19	8:00-10:00 am	Location TBD
Monday	8/21	3:30-5:00 pm	Location TBD
Tuesday <i>First Day of School</i>	8/22	3:30-5:00 pm	CCHS
Wednesday	8/23	3:30-5:00 pm	CCHS
Thursday	8/24	3:30-5:00 pm	CCHS
Friday	8/25	3:30-5:00 pm	CCHS
Saturday <i>@ Central Inv.</i>	8/26	7 AM Departure	Central Woodstock XC course